



Patient information – surgical services at City Road

# Day of surgery instructions – local anaesthetic for minor procedures



If you are unable to attend or are going to be late on the day of your surgery, please contact the procedure room directly on 020 7566 2833

Date: \_\_\_\_\_ Time: \_\_\_\_\_

If you have any questions, or there are **any changes to your health**, e.g. if you become pregnant, please contact our pre-assessment unit on 020 7566 2393.

If you have received a pre-surgery health questionnaire and answered yes to any questions, please also contact the pre-assessment clinic on the details above.

On your arrival, please go directly to the procedure room, which is inside Accident & Emergency on the ground floor of Moorfields Eye Hospital at City Road. **As there is limited space in the area, please bring only one friend or relative with you on the day of your operation.**

## Preparing for your operation

You may **eat and drink normally**.

There is a coffee shop on the ground floor should you want to buy something to eat or drink.

## Medication (including eye drops)

Please bring along all your medications, including eye drops and **take these as you normally would**, unless instructed otherwise below.

- Please **do not drive to the hospital** for your surgery because your eye will be covered after surgery.
- Please have a bath or shower on the day or evening before coming in for

your surgery as this will help decrease your chance of infection post-surgery.

- Leave any valuables, including mobile phones, before going into the operating room.
- Do not wear nail varnish, makeup or jewellery, except for your wedding ring (if you wear one), as these items may interfere with the electrical equipment used to monitor your health during and after surgery.
- You will remain dressed during surgery, but please wear a button-fastening top such as a shirt or blouse.
- You are also advised to wear flat shoes as you will have an eye patch on your eye after surgery, which may affect your visual perception.
- You will need to obtain a roll of surgical tape from your local pharmacy prior to surgery, as you might need to wear a shield at night for up to two weeks following your operation.

### What happens on the day of surgery?

Patients are asked to arrive at specified times between 7:30 and 9:30 in the morning and 12:00 and 2:30 in the afternoon. Please come at the time specified in your letter so that the nurse

practitioner or doctor can see you before your surgery and ask you to sign a form to consent to the surgery. Once the operations have started the doctor/nurse cannot leave the operating theatre. The nurse who admits you will give you a full explanation of what will happen during your stay.

Your doctors decide the order in which patients are treated, but this might change during the course of the morning or afternoon, so please be patient if we cannot always give you the precise time or order in which you will be going to theatre.

### How long will my visit last?

You should expect to be in hospital for between **three and six hours**, depending on when you go for surgery. After your operation, we like to keep you in for at least 30 minutes to ensure there are no problems. Before leaving, you might need a nurse or doctor to examine your operated eye and your medications will need to be dispensed from pharmacy. A prescription charge will need to be paid if you normally pay for prescriptions.

The discharge process sometimes takes longer than anticipated so we recommend you make alternative arrangements for work, childcare etc. We will try to keep you informed of any delays and how long you can expect to wait. Following discharge, you will either be telephoned for a consultation or be given a clinic appointment. If the appointment cannot be made before you leave, a letter will be sent to you

instead. **You may go home by public transport, but it is recommended that you have an adult accompanying you.**

### **Don't take your worries or troubles home with you**

You are encouraged to ask as many questions as you like about your care, treatment and stay at the hospital. If you have any concerns please ask to speak to the ward sister, the nurse in charge or the surgical matron during your visit.

### **Before you leave home check that:**

- you have all of your medications.
- you have left your valuables at home.
- you have removed your nail varnish, makeup and jewellery.
- you are wearing flat shoes.
- you have written down any questions you would like to ask so that you don't forget.

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**Moorfields Eye Hospital NHS Foundation Trust**  
**City Road, London EC1V 2PD**  
**Phone: 020 7253 3411**  
**[www.moorfields.nhs.uk](http://www.moorfields.nhs.uk)**

**Moorfields Direct telephone helpline**  
**Phone: 020 7566 2345**

Monday-Friday, 8.30am-9pm  
Saturday, 9am-5pm  
Information and advice on eye conditions and treatments from experienced ophthalmic-trained nurses.

### **Patient advice and liaison service (PALS)**

Phone: 020 7566 2324/ 020 7566 2325  
Email: [moorfields.pals@nhs.net](mailto:moorfields.pals@nhs.net)  
Moorfields' PALS team provides confidential advice and support to help you with any concerns you may have about the care we provide, guiding you through the different services available at Moorfields. The PALS team can also advise you on how to make a complaint.

### **Your right to treatment within 18 weeks**

Under the NHS constitution, all patients have the right to begin consultant-led treatment within 18 weeks of being referred by their GP. Moorfields is committed to fulfilling this right, but if you feel that we have failed to do so, please contact our patient advice and liaison service (PALS) who will be able to advise you further (see above). For more information about your rights under the NHS constitution, visit [www.nhs.uk/choiceinthenhs](http://www.nhs.uk/choiceinthenhs)

